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from

Ready to Heal: Women Facing Love, Sex, and Relationship Addiction

Cultural Belief #4: *I must be sexual to be lovable.*

Sex = love

Self-worth comes from being sexual

Being a sexual object=being a woman

How do you wear clothing to attract attention?

How do you manipulate your body to attract attention?

Do you regularly feel victimized because your partners only seem to want you for sex?

Do you feel your friendships with women are as deep as you would like them to be?
